



DENTAL CROWN
IN AN
HOUR

Clear Alignments
The Subtle
Orthodontic
Option



CALL TO SCHEDULE AN APPOINTMENT TODAY
1-844-GO-DCIAH

MTM® Clear Aligners: The Subtle Orthodontic Option

Your smile should light up the room and be your defining feature. Unfortunately, if you have crooked teeth or a misaligned bite, it can greatly affect your appearance and self-confidence. While braces can correct misalignment, you may dread the idea of metal orthodontics. Although your dental misalignment is embarrassing, you feel a mouthful of metal would make you even more self-conscious. Your embarrassment may be especially acute if you are a working professional or an older teen on the brink of college or career.



Fortunately, our doctors may have the solution. MTM Clear Aligner is an innovative orthodontic treatment that uses clear plastic aligner trays to gently straighten your teeth. Thanks to MTM Clear Aligner, you can enjoy a straighter smile and improved oral health without the embarrassment of metal braces.

Your Consultation

Before beginning your treatment, you will have a consultation with our doctors. We will examine your dental structure and the severity of your misalignment. We may use our innovative Rayscan Alpha® panoramic x-rays to get a complete view of your entire oral structure. You will discuss your goals for treatment, and we will determine whether you are a good candidate for MTM Clear Aligner. If you have any underlying dental conditions, such as gum disease or decay, we will need to treat these problems before you can begin orthodontic treatment.



Developing a Treatment Plan

After we determine that you are a good candidate for MTM Clear Aligner, our doctors will take pictures, impressions, and more x-rays of your teeth. We will send this information to the MTM Clear Aligner lab, where technicians will create a digital three-dimensional map of your mouth. The images will show the current position of your teeth and the future results of your treatment. You and our doctors will review these images to make sure the treatment suits your needs. Then the technicians can make any needed adjustments.

MTM Clear Aligner Treatment Plan

After making any changes to your treatment plan, the lab technicians will create additional three-dimensional images, showing the gradual progression of your dental alignment throughout the process. Based on these images, they will use a 3D printer to fabricate a series of aligner trays that fit the precise measurements of your teeth.

Typically, you will wear each tray for about three weeks before switching to the next in the series. Each aligner is slightly different. However, the pressure on your teeth is so slight that you will barely notice the change when you switch out your trays. You will visit our doctors regularly so that we can check on your progress and make any needed changes to your treatment plan. Because MTM Clear Aligner is a fairly simple treatment, these visits will typically be very short, so you can spend less time in the office and more time enjoying the activities you love.



Living with MTM Clear Aligners

You should wear your trays 20 to 22 hours a day, including while you sleep. However, you will be able to remove the trays while you eat, so you will not face any dietary restrictions. After eating, you should brush and floss your teeth to avoid having food stuck in the aligners. To care for your trays simply brush them at the same time that you brush your teeth.



Maintaining Your Results

In about three to six months, you should see the final results of your MTM Clear Aligner treatment. The exact time needed will depend on the degree of correction you require. For example, minor cosmetic enhancement will take less time than treatment for severe malocclusion. To protect your straight smile and healthy bite alignment, you may need to wear a retainer, especially at night. Our doctors will advise you on proper aftercare. However, you can rest assured that if you do need to wear an additional orthodontic device, it will be just as subtle as your original MTM Clear Aligner. In many cases, this retainer is included free of charge.

Are MTM Clear Aligners Right for You?

If you are embarrassed by crooked, overlapping, or gapped teeth, MTM Clear Aligner may be a great solution. The treatment is also suitable for more severe forms of malocclusion (bite misalignment). In fact, MTM Clear Aligner can often address:

- Gaps between teeth
- Crowding
- Midline Discrepancy
- Tipping
- Rotation

For minor misalignment, clear aligner trays are just as effective as metal braces. However, if you suffer from severe malocclusion, you may require more aggressive orthodontic care. Our doctors will carefully examine your teeth to determine whether MTM Clear Aligner is suited to your needs.

MTM Clear Aligner is appropriate for both adults and teens. In fact, thanks to discreet clear braces, more and more adults are discovering the benefits of orthodontic treatment. Typically, children are not good candidates for MTM Clear Aligner (or any other form of orthodontics), since all their adult molars have not yet come in. Seniors may be suitable candidates, as long as they do not have any underlying oral health concerns.



Combining MTM Clear Aligners with Other Dental Treatment

Previous dental procedures may have some bearing on your candidacy for MTM Clear Aligner. For example, the aligner trays cannot reposition dental implants or bridges. Therefore, if you have a number of dental restorations, you may not be suitable for MTM Clear Aligner.

On the other hand, many patients combine MTM Clear Aligner with other cosmetic treatments. Used in this way, clear braces can help to transform your smile completely. However, you will typically need to undergo orthodontic treatment before other procedures. MTM Clear Aligner trays could loosen porcelain veneers or damage dental bonding. If you desire additional treatments, our doctors will create a customized treatment plan and determine the best time for you to undergo MTM Clear Aligner treatment.



The Aesthetic Benefits of MTM Clear Aligners

MTM Clear Aligner is aptly named. The plastic aligner trays are so subtle that most people will not realize you are wearing them, even when these observers are at a close distance. Best of all, the treatment can have lasting and important benefits for your appearance. Among other things, MTM Clear Aligner can straighten crooked teeth, close gaps between teeth, and separate overlapping teeth. Even minor adjustments to slightly misaligned teeth can have enormous effects on your smile and overall appearance.



The Health Benefits of MTM Clear Aligners

In addition to the many cosmetic advantages, MTM Clear Aligner offers some important advantages for your oral-systemic health. These benefits include:

- **Better oral hygiene:** With traditional metal braces, bits of food can become trapped behind the brackets and wires, leading to dental decay or significant discoloration. In fact, it is not uncommon for orthodontic patients to require whitening treatment after their braces come off. Because MTM Clear Aligners are removable, you will be able to maintain good dental hygiene throughout your treatment. You may also find that you have better dental hygiene after your treatment. With a straighter smile, you will be able to access and clean all of your teeth more easily.
- **Greater comfort:** MTM Clear Aligner trays exert a much gentler force on your teeth than traditional braces. Thanks to its unique level of personalization and precise treatment planning, you will adjust to the treatment very quickly. In addition, the smooth plastic will be comfortable in your mouth. Unlike traditional braces, it will not irritate your lips and gums. Not only will your aligners be unnoticeable to other people; you may even forget you are wearing them yourself.



MTM Clear Aligners Can Improve Your Quality of Life

When you choose to enhance your smile with MTM Clear Aligner, you may be surprised at the enormous benefits the treatment can have on your overall wellbeing. Most significantly, with a straighter smile, you could enjoy a huge boost of self-confidence. You will no longer hide your teeth when you smile, and you may even find that you smile far more often.



Your improved self-esteem can even translate to improvements in your professional life. With a more confident attitude, you may be more likely to take on a leadership role in the workplace. Presentations and public speaking will become easier. Additionally, employers are more likely to see smiling employees as more fulfilled and productive. In this way, your unconscious and frequent smiles could lead to increased workplace opportunities.

Your ready smile could have similar effects on your social life. A brighter, straighter smile could give you the confidence to meet new people, engage in new activities, and generally gain a new lease on life.

MTM Clear Aligner Cost

The total cost of MTM Clear Aligner treatment will vary, depending on the duration of your treatment and the degree of correction you require. If you only need minor cosmetic adjustments, you will receive fewer aligner trays than if you require extensive correction for malocclusion. Accordingly, the total treatment cost will be lower. In most cases, the final cost of MTM Clear Aligner is comparable to the cost of traditional orthodontic treatment.

When you are considering the cost of treatment, you should remember that MTM Clear Aligner is an important investment in your future. Your straighter smile will not only look fantastic; it will also improve your dental health, physical well-being, self-confidence, professional life, and social interactions.



MTM Clear Aligner Payment

Our doctors want to make MTM Clear Aligner's many benefits available to more patients. For this reason, we offer several financing options, including:

- **Insurance:** In many cases, your insurance may cover the cost of MTM Clear Aligner, just as it would any other form of orthodontic treatment. We will help you file your claim and submit forms, showing that clear braces are necessary to your overall dental health.
- **CareCredit:** If you are seeking minor cosmetic adjustments that are not essential to your dental health, your insurance may not cover the costs of your treatment. We proudly accept CareCredit®. This respected medical financing company offers fixed, low, and no-interest repayment plans with approved credit. Our office team can explain more about CareCredit and help you with any paperwork.



We also accept Visa®, MasterCard®, American Express® and Discover®. We can explain your various payment options and help you find the one that best fits your budget.

Learn More about MTM Clear Aligners

The only way to determine your candidacy for MTM Clear Aligner is to schedule an appointment with an experienced care provider. Our doctors have extensive experience with this unique orthodontic treatment, and our patients consistently report positive results. Call us today at 1-844-GO-DCIAH to learn more about MTM Clear Aligner and to schedule your initial consultation.



CALL TO SCHEDULE AN APPOINTMENT TODAY

1-844-GO-DCIAH